



Leadership

Kind Act: Yourself

May 7, 2020



Lesson: May 7, 2020

Objective: Students will be able to reflect on their past, current, and future goals.

Learning Target: 1.2.6



How to do assignments:

If you created a google doc last week, continue on it. If you did not, then:

- Create a google doc.
- Put today's date and the lesson topic
- Put the questions and answers under that date. (You may need to copy the questions from the lesson and paste them into your doc)



This week will be all about kindness. You will be asked to a different kind act each day and then reflect on your kind act.

These kind acts are based on the Character Strong curriculum that we use in leadership class and it's creator, Houston Kraft.

On the following slide, there is a kind act to do. On your google doc., write a reflection paragraph explaining what you did, why it was important, and how it made you feel.

WRITE OUT ONE THING
YOU LOVE ABOUT YOUR
PAST SELF, ONE THING
YOU LOVE ABOUT YOUR
PRESENT SELF, & ONE
THING YOU LOVE ABOUT
YOUR FUTURE SELF.

PUT IT SOMEWHERE YOU WILL SEE DAILY.

@HOUSTONKRAFT